



Jahin Tanvir

Co-Founder & CEO of the Australian School of Entrepreneurship

Storytelling for Change

Got something to say? Want the world to listen – and care? This high-energy, no-boring-bits workshop with Jahin Tanvir will show you how to speak up, stand out, and spark real change. You'll learn how to share your story in a way that hits hard (in a good way), build your confidence, and get decision-makers to take notice. Whether you're into social justice, sustainability, or just want to make your voice count – this session's for you. **If you've got a story, you've got power. Let's unlock it.**

Bonus: Everyone who joins this masterclass gets early access to the Australian School of Entrepreneurship and Port Macquarie Hastings Council free online program kicking off in August. It's run by young people, for young people - covering leadership and confidence, entrepreneurship 101, speaking up for change, media smarts, and money mindsets. 5 weeks, 5 evening sessions, 90 minutes a week. Big energy, real skills, no lectures, free. Education, entrepreneurship and life skills programs for young people.

Learn more: www.ase.edu.au/entrepreneurship



Teresa Truda

Human - Geek - Entrepreneur

Innovate. Elevate. The Fast Tracked Entrepreneur Experience

What's in it for you:

- Crack the code: Discover what really makes a killer startup idea
- Launch right in: Kick off with a high energy, no-kringe ice breaker that gets you thinking fast!
- Solve like a Boss: Tackle real problems with creative (and slightly wild) solutions
- Get them: Learn how to know your customer like a pro
- Build it, fast: Go from idea to solution in minutes
- Pitch perfect: Master the mic with a power pitch that sells your idea in less than 60 seconds

If you're up for high energy, quick thinking, and getting your ideas flowing - this one's for you!



Cooper Chapman

Founder of the Good Human Factory | Ex Pro Surfer

Regulate & Recharge

In this powerful and practical workshop, mental wellness advocate and former pro surfer Cooper Chapman helps you explore how to better manage the everyday stress of life by learning to regulate your own nervous system. Drawing from both science and lived experience, Cooper introduces the concept of the window of tolerance – our ability to stay calm and grounded in the face of stress – and how we can expand it through simple, healthy daily habits. You will learn practical tools like breathwork, meditation, gratitude, and connection to support emotional balance, reduce anxiety, and feel more in control of your wellbeing.

This session is all about giving you the knowledge and tools to feel empowered – not overwhelmed – by life.



Dr Jordan Nguyen

Engineer | Inventor | Author | ABC + Discovery Channel TV Presenter

Building the FUTURE masterclass: Launching your next big idea

Hang out with Dr Jordan, dive deeper into the AI innovations showcased in his keynote, and see even more of the groundbreaking stories he's witnessed around the world, as well as how he approaches invention and innovation. This workshop will take you through the tools and techniques you can start using today to help you unlock your next innovative ideas. Bring your questions, share your challenges, and explore emerging opportunities in the human side of technology - and just have a chat that'll stay with you for life.



Martin Braley

Associate Director Engagement, Partnerships & Growth: North Coast Community Student Support & Community Group: TAFE NSW

Ignite Your Idea: Dream It, Build It, Own It

Got an idea? Let's light it up! Whether you dream of launching a clothing brand, a TikTok-worthy food truck, or your own digital empire, Ignite Your Idea: Dream It, Build It, Own It is your starting point. This high-energy, hands-on masterclass is all about taking the spark of an idea and turning it into something real – whether that's a side project, a creative venture, a future career, or something fun that makes an impact. You'll be inspired to think big and gain practical tools to bring your ideas to life. We'll dive into the essentials of starting your own thing: shaping your concept, finding your audience, planning, branding, and sharing your vision – all without big budgets or boring rules. Then, put your thinking to the test in the fast-paced Startup Simulation Game – will your idea thrive or dive? You don't need to have it all figured out. You just need the spark – and the courage to start. Walk away with a simple plan, fresh inspiration, and the confidence to own your idea.



Lachy Townsend

Chief Customer Officer Coastline Bank

All about the dollar\$!

A fun and interactive workshop on all things money! We'll play out some real life budgeting and saving scenarios, talk about current scams, understand what to look out for when 'buying now and paying later' and unpack some of the elements of the TikTok famous 'girl math'. Come and hangout with Coastline Bank and understand why it's important to bank where you belong.

**Attendees to this masterclass will receive:
a VIP Coastline Merch Kit – spots are limited.**



Corey Tutt OAM

CEO & Founder of Deadly Science | Author

When Corey Tutt OAM learned that there was a remote school with only 15 books in the whole library (5 of which were dictionaries), he set out to make a change. DeadlyScience has provided over 25,000 culturally appropriate books focused on STEM (Science, Technology, Engineering and Mathematics) as well as telescopes, microscopes and other equipment to spark student interest. Schools involved with DeadlyScience have reported a 25% increase in engagement in STEM and increased attendance. Now DeadlyScience has connected with over 800 schools and sent over 7500 boxes of STEM resources. DeadlyScience has connected STEM professionals with schools and has created STEM pathways programs for students. DeadlyScience was the first Indigenous organisation to feature on the side of the McLaren Formula One car and has drawn the attention of Formula One superstar Lewis Hamilton. As a board member of Seed Mob, Corey has been leading the fight for climate justice for Indigenous peoples across the Nation. Corey was instrumental in developing Science Technology Australia's first Reconciliation Action Plan to encourage further participation and inclusion of First Nations peoples in STEM. Corey's passion for Indigenous education has also been recognised through various awards, including the CSIRO Indigenous STEM Champion 2019, AMP Tomorrow Maker 2019 and ABC Trailblazer 2019, 2021 Eureka Prize winner for STEM inclusion. Outside of his work in STEM, Corey has become a highly successful author publishing the bestselling and multi-award-winning books 'The First Scientists', 'This Book Thinks Ya Deadly', which celebrates over 70 Aboriginal and Torres Strait Islander peoples. His latest book "Deadly Reptiles" is the first of its kind in Australia with reptiles from all over Australia in First Nations language. Corey was recently appointed an Associate Professor of Indigenous Sciences at the University of Western Sydney.

Awards and Accolades

- 2019 Indigenous STEM Champion of Australia
- 2020 ABC Trailblazer Winner
- 2020 Young Australian of the Year for New South Wales,
- 2020 Human Rights Hero Australian Human Rights Commission
- 2020 AMP Tomorrow Maker
- 2021 Citizen of the Year Wollongong to the World
- 2021 Eureka Prize winner STEM inclusion
- 2022 Indigenous Young Achiever of the Year for NSW/ACT
- 2022 ABIA Children's Book of the Year (The First Scientists)
- 2022 Finalist CABA Author of the Year & Eva Powell Award
- 2023 Westpac Scholar for Social Change

Deadly Reptiles | First Nations Language



Dr Kate Coleman

General Practitioner | Healthy North Coast | Mid North Coast Local Health District

Beyond the Stethoscope: Discover the Heart of Primary Health Care

Ever wondered what it's really like to work in health? This is your chance to dive into the real world of primary healthcare – where every day is different, every person matters, and you can be the one making a real impact. Join local legend Dr. Kate Coleman, powerhouse nurse Kelsey Tarrant, and movement master Julian White (physio) for an interactive, hands-on masterclass that goes beyond the stethoscope and straight to the heart of what it means to care for your community. Whether you're into science, tech, people, or purpose, this session is your backstage pass to a career that's all about connection, challenge, and change.

What's in it for you?

- Get inspired by real stories from real health heroes
- Try your hand at physio screenings, balance tests and range of motion challenges
- Compete in health check games – who has the best heart rate or blood pressure?
- Explore careers in General Practice, nursing, and allied health
- Discover how YOU can be the change in your community

This isn't just a talk – it's an experience. Come curious, leave empowered.



Stef Hostettler

Founder & Head Chef, Char Bar Catering

Real food, made simple

Stefan Hostettler is the Founder and Head Chef of Char Bar Catering, a local catering company known for its smoked meats, hearty flavours, and down-to-earth hospitality. With over 25 years in professional kitchens, Stefan knows that great food doesn't have to be complicated. In this Luminosity Masterclass, Stefan will show you how to whip up delicious, crowd-pleasing meals on a budget using simple, everyday ingredients and kitchen basics. No fancy gadgets, no fluff – just real food, real flavour, and practical ideas you'll actually use.

Stefan began cooking professionally at 14, inspired by his Swiss roots and a childhood spent in a home where everything was made from scratch. That upbringing shaped his simple philosophy: cook with heart, waste less, feed more. Whether you're cooking for mates, family, or just yourself, Stefan's got you covered – with easy recipes, a few laughs, and plenty of real-world kitchen wisdom.



Sid the Entertainer

VIBE Creator | MC, DJ, Dancer, Choreographer and Actor

Mould-Breaker

This isn't a dance class. This is an invitation to two-step beyond your comfort zone. Keep in mind - how you do anything is how you do everything. In this Masterclass you'll experience Sid the Entertainer's fundamental secrets that helped him become the most confident version of himself. If you can discover that version of yourself in this room, you can find them anywhere. Do you overthink and overanalyse a situation? Do you experience overwhelm? Does your search for perfection slow down your progress?

This session will help you to drop out of your head and into your body to communicate with your subconscious intuitive self. The answers to all the questions you could ever have lie within, you just need to train yourself to listen. Learn how to shatter the mould of limiting beliefs you've created for yourself and adopt new frameworks through which you can achieve success beyond your wildest imagination. As the music takes over, we're going to break it down in more ways than one.

Charles Sturt University Paramedic Crew



Jacob Grevell

Associate Lecturer in Paramedicine at Charles Sturt University

Jacob Grevell is a registered Paramedic with eight years of experience working in various roles and countries. He is currently an Associate Lecturer in Paramedicine with Charles Sturt University in Port Macquarie. He is also a Rescue Paramedic working in remote locations and industrial sites across Australia where access to healthcare facilities is limited. In this role, he also has experience in retrieving and treating injured patients in challenging environments, such as at heights or confined spaces. Jacob first started his Paramedic career with Queensland Ambulance Service in 2016. With an interest in gaining international Paramedic experience, he later joined South Central Ambulance Service in the United Kingdom. Whilst working there, he mentored many paramedic students and worked as a solo responder on the rapid response vehicles.



Dane Rickwood

**Scholarly Teaching Fellow in Paramedicine Port Macquarie
BDes(Architecture) BClinicalPrac(Paramedic)**

Dane Rickwood is a Scholarly Teaching Fellow in Paramedicine at Charles Sturt and an APHRA registered Paramedic. Based in Port Macquarie, Dane enjoys the natural beauty of Birpai country, including camping, surfing, and fishing. His greatest joy, however, comes from spending time with his family, including three young children. Dane's professional journey has been diverse. He has held roles in emergency operations, managing call and dispatch coordination, as well as providing prehospital clinical care in both the UK and Australia. His clinical development began with the London Ambulance Service, where he volunteered on Emergency Responder vehicles and gained valuable experience during clinical placements as a Charles Sturt student. Dane continues practice casually as an Ambulance Paramedic; however, his passions have shifted to education, including student development of professional skills.



Sam Sheridan

Lecturer in Paramedicine at Charles Sturt University

Sam started her career in 2009 when completing a Foundation Degree in Paramedic Science whilst employed and working with Yorkshire Ambulance Service. In 2011 Sam began mentoring student paramedics and later became a solo responder on a first response unit. In 2013 Sam moved to the United Arab of Emirates (UAE), working as a frontline Paramedic for the emergency police ambulance service in the culturally diverse city of Abu Dhabi. She then began as a Clinical Educator in the UAE helping to develop and train new and qualified emergency medical technicians and paramedics, before arriving at Charles Sturt University in 2016 as a Lecturer in Paramedicine. Sam has completed a Master of Enhancing Paramedic Practice and is a current PhD candidate, specialising in paramedic physical health and fitness.



Jessica Rickwood

Associate Lecturer in Paramedicine at Charles Sturt University

Jess is a registered Paramedic with Australian Health Practitioner Regulation Agency (AHPRA). Jess started her career with the London Ambulance Service before moving to the ACT Ambulance service where she has practiced as an Ambulance Paramedic. Throughout her career she has mentored students and newly qualified Paramedics in transitioning to practice. Jess has been working as a Casual Academic with Charles Sturt and is transitioning to a Scholarly Teaching Fellow at the Port Macquarie Campus whilst completing a Master of Emergency Management. She has a strong desire to explore research opportunities and develop as an educator.

A Day in the Life of a Paramedic

Being a paramedic is a challenging job, but it is also one of the most rewarding. Paramedics have the ability to save lives and make a real difference in their community. In this session, Paramedics will provide you with a tour of the simulation ambulance from Charles Sturt University. Participants may even have the opportunity to see their own heart rhythm and learn how to read and interpret an electrocardiogram (ECG). Having first aid knowledge is a must-have tool for life's unexpected challenges. You will also have the chance to practice CPR, use a defibrillator, and test your bandaging and wound-dressing skills.

Other session outline examples:

- Learn how to save a life!
- Every second counts, learn first aid.
- Simple tools, powerful results. Learn first aid!



International Basketball Imports

Port Macquarie Dolphins: Waratah League

Sean McCurdy

United States Of America

Standing at 6'5", this dominant Forward from Seattle brings a wealth of experience and impressive stats to Port Macquarie Basketball. But Sean's not just a powerhouse on the court - he's also a scholar! At 24, Sean holds a Master's Degree in Economics from Faulkner University and a Bachelor's Degree in Business Administration from Pacific Lutheran University. Sean is an entrepreneur and social media content creator with his popular account @fitwsean having over 7 million views on TikTok and over 175,000 followers on Instagram. Follow @fitwsean

Tiffany Reynolds

Canada

Tiffany is from Toronto Canada and at 5'9 this strong power forward will be a huge asset to the Dolphins Senior Women's team. No stranger to grabbing the opportunities that come with playing internationally, Tiffany, 25, is looking forward to working within our basketball community and mentoring Port Macquarie's female athletes. After graduating from Lakehead University in Ontario she spent the 2023-24 season in Nicaragua where she was named Allstar guard and in the Allstar 5. Having finished the season in Portugal, Tiffany arrived in Australia two days ahead of the first games and immediately connected with her Dolphins Senior Women teammates, to beat the current champions!

Jaylen Nixon II

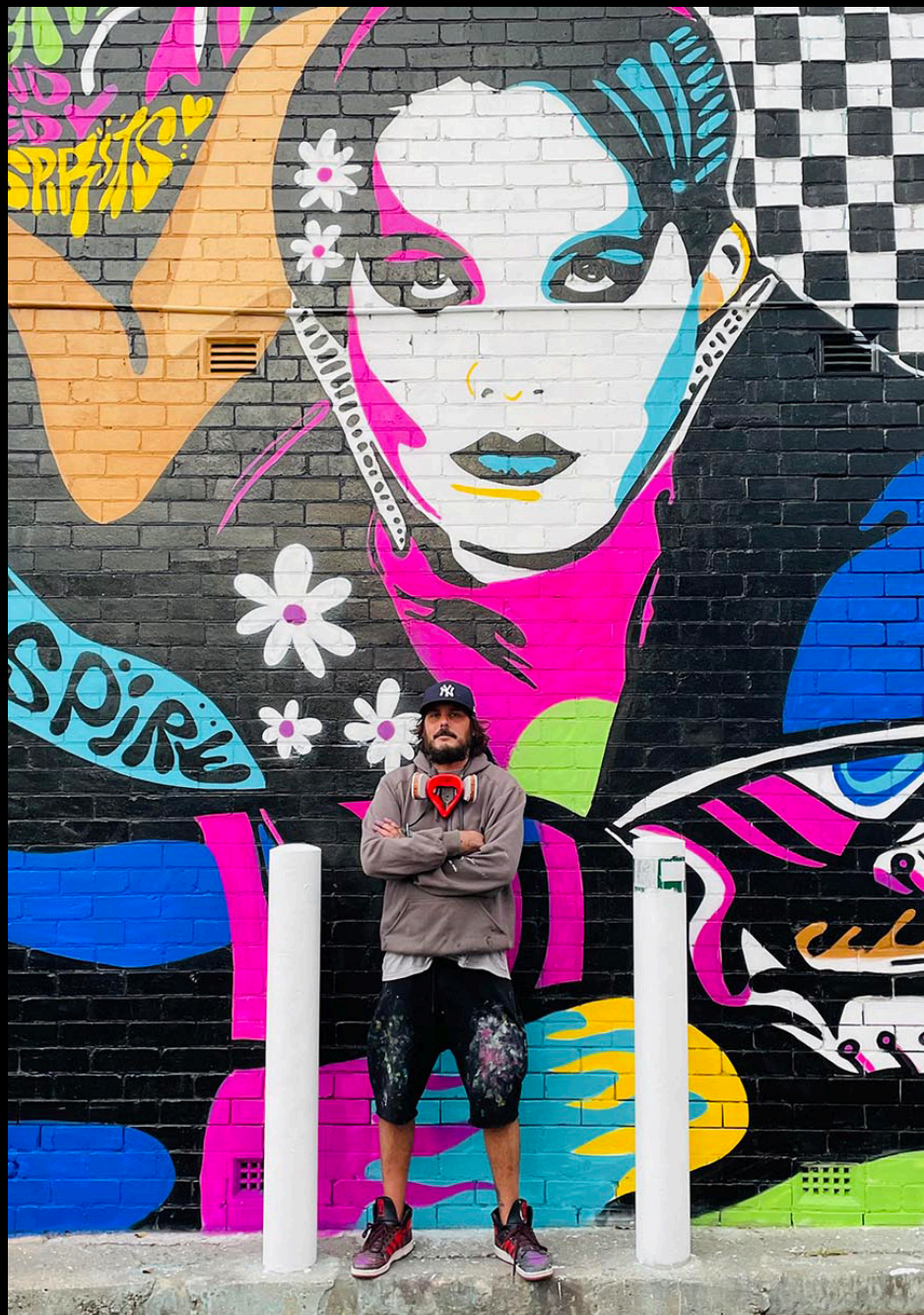
United States Of America

This 27-year-old 6'3" athletic wing is a basketball player to be reckoned with, bringing a strong track record of success to the Port Macquarie Dolphins, both with the Seattle Mountaineers and at college. Jaylen's journey is more than just impressive stats - it's a testament to his hard work, determination, and perseverance. From his time playing in his hometown at the Community College of Philadelphia to being encouraged by Lavar Ball to play in the JBA League, Jaylen's career has been full of grit, passion, and dedication to achieve his dreams. Since arriving in January, Jaylen has worked hard to grow basketball coaching in schools and helping manage the Port Macquarie domestic competition.

The Luminosity 3: Elevate your game!

Skills with Tiffany, Sean and Jaylen

Join Port Macquarie's three elite professional basketball players for an exclusive masterclass designed to take your skills to the next level. This session focuses on sharpening your handles, perfecting your shooting, enhancing dribbling control, and boosting your basketball IQ. Whether you're an up-and-coming athlete or a serious hooper looking to refine your game, this masterclass offers hands-on training, pro-level insights, and the tools to play smarter, faster, and more confidently on the court.



INDO the Artist

Graffiti Artist | Supported by Mac Telford Graffiti Artist

Street Art Masterclass with Vision Skateboard

Imagine stepping into the world of street art, where you'll paint stencils like Banksy, decorate art like Picasso and create something truly original and brilliant like Nikola Tesla. In this masterclass you'll do more than just paint your very own original skateboard deck. Discover the hidden meaning as to why you are passionate, what drives you and how can you explore this deeper. INDO will be guiding you step-by-step, while you write, create and paint your positive and inspiring vision board. You will be introduced to spray cans, using makers, graffiti lettering, stencilling and finally putting all these new skills together as you decorate your very own skateboard deck. Led by legendary mural artist INDO who has painted for Redbull, Spotify, Vegemite, Sony Music, Rolling Stone Magazine Councils Oz and supported by Mac Telford Graffiti Artist –it's a deep dive into creativity, clarity and self-expression. No art skills? No worries. INDO's got you covered every step of the way with pre-made stencils awaiting your arrival. Get inspired. Get creating and get clear on what you're here to give the world around you!