

DAY ONE

Limitless

Thursday
23-July-2026

8:00am	REGISTRATION Open	LUMO Delegates to register	Glasshouse Mezzanine
8:45am	Luminosity Attendees to be seated in the theatre		
TIME	PRESENTER	SESSION OUTLINE	LOCATION
9.00am	Uncle Bill O'Brien OAM Aboriginal Elder in his community & Chairperson of the Birpai Local Aboriginal Land Council	Welcome to Country	Glasshouse Theatre
	Kate Wood-Foye Luminosity Youth Summit Co-Founder & Chair NSW Local Woman of the Year 2022 Port Macquarie Paul Harris Fellow 2025 Rotary International	Co-Founder & Chair Official Welcome	
	Jill Wong Chief Executive - Mid North Coast Local Health District	Presenting Partner Address	
	Andrew Morello Winner of The First Australian Apprentice Business Development Manager – The Entourage	MC Introduction + Welcome Housekeeping	
9.25am	Dr Daniel Nour Founder of Street Side Medics 2022 Young Australian of the Year	The Power of One: <i>How Small Actions Create Extraordinary Change</i>	
10.15am	Josie Baff Winter Olympic Gold Medallist Snowboard Champion	The Multiverse of You	
11:00am	Morning Tea Provided		Glasshouse Mezzanine
11:45am	Ronni Kahn AO Founder of OzHarvest	A Pathway to Limitless Potential	Glasshouse Theatre
12:25pm	Nik & Harry Robinson Co Founders of Good Citizen	2,503 Failures Later: <i>How a kid's idea became a global brand</i>	
1:00pm	Lunch Provided		Rydges
2:00pm	Charlie O'Derry Singer - Songwriter The Voice	Turning Rejection Into Redirection	Glasshouse Theatre
2:20pm	Miff Rennie Freeskier, Sports & Lifestyle Media Personality - Channel 9 ESPN Yorta Yorta & Wiradjuri Woman	Kicking the Sh*t Out of Plan B	
2:55pm	The Ignite MNCLHD Careers in Health Panel <i>Facilitated by Kylie Cork</i> Media & Communications Officer Tianna Bailey <i>Integrated Mental Health Alcohol & Other Drugs - Aboriginal Coordinator</i> Anthea Young <i>Occupational Therapist Clinical Lead - Port Macquarie Base Hospital Redevelopment</i> Clinton Gibbs <i>Manager Aboriginal Workforce Development</i>	Beyond the Scrubs: <i>Limitless Careers in Health You Never Knew Existed</i>	
3:20pm	Jeffrey Morgan Founder of Mindset Heist Academy High Performance Strategist Kamilaroi Man	Break Free from the Mental Prison - <i>Lessons that Become Blessings</i>	
3:45pm	Himal Pillay (featuring Big Salad) <i>Presented in partnership with Port Macquarie Hastings Council</i> Founder of Realign	Dare to Dream	
4:20pm	MC Daily Wrap – Andrew Morello	Day 1 Wrap Up	
4:25pm	Session Close		
4:30pm – 6:30pm	ZEBU TAKEOVER Beats & Eats with Quasi & Sid the Entertainer <i>(Optional Social Event)</i>	Hot Finger Food + Pizzas + Non-Alcoholic Drinks Pose It Photo Booth & Dancefloor	ZEBU @ Rydges

DAY TWO

Limitless

Friday
24-July-2026

TIME	PRESENTER	SESSION OUTLINE	LOCATION
9:00am	Andrew Morello – MC, The Entourage	DAY 2 MC Welcome + Housekeeping	Ghouse Theatre
9:15am	Sid the Entertainer VIBE Creator MC Mindset Performance Strategist	FREESTYLE: A Framework to a Life without Limits	Ghouse Theatre
9:55am	Jazz Thornton Film Maker Author Mental Health Advocate	Hope is Real	Ghouse Theatre
10:35am	Tommy Herschell & Benny Cudmore Founder Find Ya Feet & Founder Self Seen	Own Ya Stuff!	Ghouse Theatre
11:10am	Morning Tea Provided		Glasshouse Mezzanine
11:50am	Stuart Cook Founding Partner TWIYO/Former Global CEO Zambro	The World is Your Oyster: From Bonville to the Boardroom	Ghouse Theatre
12:20pm	MASTERCLASS STREAMS	***Move to announced breakout rooms***	From Theatre
12:25pm	Himal Pillay Founder of Realign	Keep Going: Tools & Attitudes for Perseverance	Ghouse Breakout
12:25pm	Lachy Townsend Chief Customer Officer Coastline Bank	All About the Dollar\$!	Ghouse Breakout
12:25pm	Tommy Herschell & Benny Cudmore Find Ya Feet & Self Seen	Challenge the Title - Breathwork & Meditation	Ghouse Breakout
12:25pm	Jeffrey Morgan Founder of Mindset Heist Academy	GPS to Life - Physical & Mental Wellness Session	Ghouse Breakout
12:25pm	Sid the Entertainer VIBE Creator Mindset Performance Strategist	FLOW - Move like your life depends on it	Ghouse Breakout
12:25pm	Jessica & Dane Rickwood, Sam Sheridan & Hannah Stack Charles Sturt University Paramedic Team	A Day in the Life of a Paramedic	Ghouse Breakout/ Forecourt
12:25pm	Teresa Truda Digital & AI Growth Specialist	Unbox Yourself - A toolkit for navigating life's noise, pressure and expectations	Ghouse Breakout
12:25pm	Brad M Collins Multidisciplinary Artist	Collaborate Your Way to Creative Freedom	Ghouse Breakout
12:25pm	Lloyd Godson & Luke Agulla F24+ Electric Vehicle Team	Luke & Lloyds Ludicrous Lab	Ghouse Breakout
12:25pm	Kal Glanznig Founder of Blue Minds Youth Ocean Leadership	Blue Minds: How to Unlock Your Greatest Impact for the Environment	Ghouse Breakout
12:25pm	Marty Braley Associate Director Engagement, Partnerships & Growth, North Coast Community TAFE NSW	Limitless By Design: Unlock your Purpose, Potential & Possibility	Ghouse Breakout
12:25pm	Stef Hostettler Founder & Head Chef - Char Bar Catering	Real Food - Real Simple!	Ghouse Breakout
12:25pm	Charles Sturt First Nations Team	Yarning Circle with First Nations Leaders	Rydges
1:35pm	Lunch Provided	Green Letters to Self	Rydges
2:35pm	Danny Schouten Founder of Shark Bite Kits - Community SBK	Changing the Odds	Ghouse Theatre
2:50pm	The Ignite LUMO ALUMNI Youth Panel <i>Facilitated by Sewa Emojong - Foundation Alumni</i> <i>*Zaide Jones - Pilot, Second Dan Black Belt</i> <i>*Abbie Jane - Founder of Rainbow Shoelace Project</i>	LUMO, LAUNCHPADS and LIMITLESS POTENTIAL	Ghouse Theatre
3:25pm	Kinne Ring Mayor of Kempsey Shire	Leadership Can Start From Anywhere	Ghouse Theatre
3:55pm	Summit Sound Tsunami	Sid The Entertainer Quasi	Ghouse Theatre
4:15pm	Andrew Morello Summit MC Kate Wood-Foye Co-Founder & Chair of Luminosity	2026 Summit Highlights Reel	Ghouse Theatre
4:30pm	Summit Close		Ghouse Theatre