



Thursday 23 July 2026 | Limitless

TIME	PRESENTER	SESSION OUTLINE	LOCATION
8:00am	REGISTRATION Open	LUMO Delegates to register	Glasshouse Mezzanine
8:45am	Luminosity Attendees to be seated in the theatre		
9.00am	Uncle Bill O'Brien OAM Aboriginal Elder in his community & Chairperson of the Birpai Local Aboriginal Land Council Kate Wood-Foye Luminosity Youth Summit Co-Founder & Chair NSW Local Woman of the Year 2022 Port Macquarie Paul Harris Fellow 2025 Rotary International Jill Wong Chief Executive - Mid North Coast Local Health District Andrew Morello Winner of The First Australian Apprentice Business Development Manager – The Entourage	Welcome to Country Co-Founder & Chair Official Welcome Presenting Partner Address MC Introduction + Welcome Housekeeping	Glasshouse Theatre
9.25am	Dr Daniel Nour Founder of Street Side Medics 2022 Young Australian of the Year	The Power of One: <i>How Small Actions Create Extraordinary Change</i>	
10.15am	Josie Baff Winter Olympic Gold Medalist Snowboard Champion	The Multiverse of You.	
11:00am	Morning Tea Provided		
11:45am	Ronni Kahn AO Founder of OzHarvest	A Pathway to Limitless Potential	Glasshouse Theatre
12:25pm	Harry & Nik Robinson Co Founders of Good Citizen	2,503 Failures Later : <i>How a kid's idea became a global brand</i>	
1:00pm	Lunch Provided		Rydges
2:00pm	Charlie O'Derry Singer - Songwriter The Voice	Turning Rejection Into Redirection	Glasshouse Theatre
2:20pm	Miff Rennie Freeskier, Sports & Lifestyle Media Personality - Channel 9 ESPN Yorta Yorta & Wiradjuri Woman	Kicking the Sh*t Out of plan B	
2:55pm	The Ignite Health Careers Panel Hosted by Dr Matt & Dr Carrie Davenport Survivor Samoa/Australia Medics & MNCLHD Doctors <i>Discover the real stories and adventures behind careers in health! Meet health workers from diverse backgrounds who share how they got started, the challenges they've faced, and why they love what they do. Be surprised by the range of roles and imagine just where your future can take you!</i>	<i>Limitless Adventures in Careers in Health</i>	
3:20pm	Jeffrey Morgan Founder of Mindset Heist Academy High Performance Strategist Kamilaroi Man	Break Free from the Mental Prison - <i>Lessons that Become Blessings</i>	
3:45pm	Himal Pillay (featuring DJ Big Salad) <i>Presented in partnership with Port Macquarie Hastings Council</i> Founder of Realign Provisional Psychologist	Dare to Dream	
4:20pm	MC Daily Wrap – Andrew Morello	Day 1 Wrap Up	
4:25pm	Session Close		
4:30pm – 6:30pm	ZEBU TAKEOVER Beats & Eats with DJ Quasi & Sid the Entertainer <i>(Optional Social Event)</i>	Hot Finger Food + Pizzas + Non-Alcoholic Drinks Pose It Photo Booth & Dancefloor	ZEBU @ Rydges



Friday 24 July 2026 | Limitless

TIME	PRESENTER	SESSION OUTLINE	LOCATION
9:00am	Andrew Morello – MC, The Entourage	DAY 2 MC Welcome + Housekeeping	Ghouse Theatre
9:15am	Sid the Entertainer VIBE Creator MC DJ Dancer Choreographer Actor	FREESTYLE : A Framework to a Life without Limits	Ghouse Theatre
9:55am	Jazz Thornton Film Maker Author Mental Health Advocate	Hope is Real	Ghouse Theatre
10:35am	Tommy Herschell & Benny Cudmore Founder Find Ya Feet & Founder Self Seen	Own Ya Stuff!	Ghouse Theatre
11:10am	Morning Tea Provided		Glasshouse Mezzanine
11:50am	Stuart Cook Founding Partner TWIYO/Former Global CEO Zambroero	The World is Your Oyster: From Bonville to the Boardroom	Ghouse Theatre
12:20pm	MASTERCLASS STREAMS	***Move to announced breakout rooms***	From Theatre
12:25pm	Himal Pillay Founder of Realign, Provisional Psychologist	Keep Going: Tools & Attitudes for Perseverance	Ghouse Breakout
12:25pm	Lachy Townsend Chief Customer Officer Coastline Bank	All About the Dollar\$\$	Ghouse Breakout
12:25pm	Tommy Herschell & Benny Cudmore Find Ya Feet & Self Seen	Challenge the Title - Breathwork & Meditation	Ghouse Breakout
12:25pm	Jeffrey Morgan Founder of Mindset Heist Academy	GPS to Life - Physical & Mental Wellness Session	Ghouse Breakout
12:25pm	Sid the Entertainer Vibe Creator, MC, DJ, Dancer Choreographer	FLOW - Move like your life depends on it	Ghouse Breakout
12:25pm	Jessica & Dane Rickwood, Jacob Grevell & Sam Sheridan Charles Sturt University Paramedic Team	A Day in the Life of a Paramedic	Ghouse Breakout/ Forecourt
12:25pm	Teresa Truda Digital & AI Growth Specialist	Unbox Yourself - A toolkit for navigating life's noise, pressure and expectations	Ghouse Breakout
12:25pm	Brad M Collins Multidisciplinary Artist	Collaborate Your Way to Creative Freedom	Ghouse Breakout
12:25pm	Lloyd Godson & Luke Aguila F24+ Electric Vehicle Team	Luke & Lloyds Ludicrous Lab	Ghouse Breakout
12:25pm	Kal Glanzig Founder of Blue Minds Youth Ocean Leadership	Blue Minds: How to Unlock Your Greatest Impact for the Environment	Ghouse Breakout
12:25pm	Marty Braley Associate Director Engagement, Partnerships & Growth, North Coast Community TAFE NSW	Limitless By Design: Unlock your Purpose, Potential & Possibility	Ghouse Breakout
12:25pm	Stef Hostettler Founder & Head Chef - Char Bar Catering	Real Food - Real Simple!	Ghouse Breakout
12:25pm	Charles Sturt First Nations Team	Yarning Circle with First Nations Leaders	Rydges
1:35pm	Lunch Provided	Green Letters to Self	Rydges
2:35pm	Danny Schouten Founder of Shark Bite Kits - Community SBK	Changing the Odds	Ghouse Theatre
2:50pm	The Ignite LUMO ALUMNI Youth Panel <i>Facilitated by Sewa Emajong - Foundation Alumni</i> <i>*Zaide Jones - Pilot, Second Dan Black Belt</i> <i>*Abbie Jane - Founder of Rainbow Shoelace Project</i>	LUMO, LAUNCHPADS and LIMITLESS POTENTIAL	Ghouse Theatre
3:25pm	Kinne Ring Mayor of Kempsey Shire	Leadership Can Start From Anywhere	Ghouse Theatre
3:55pm	Summit Sound Tsunami	Sid The Entertainer DJ Quasi	Ghouse Theatre
4:15pm	Andrew Morello Summit MC Kate Wood-Foye Co-Founder & Chair of Luminosity	2026 Summit Highlights Reel	Ghouse Theatre
4:30pm	Summit Close		Ghouse Theatre